



Category 2
Single Herb
(E=Extract T=Tincture)



GOODFORYOU

GOOD FOR LIFE

MILK THISTLE SEED (E)

(Silybum marianum) #254785D

500 ml

Description: **MILK THISTLE:** is a bitter tasting herb, that is reputed to be one of the best herbs for protecting the liver from overload of toxic chemicals. It works as well in animals as it does in humans. Liver disease is the fourth most common cause of death in USA & Canada. Diseases such as cancer, high blood - L.D.L cholesterol levels and chronic bowel problems are significantly improved by **Milk Thistle's** liver protecting and enhancing properties. **PROPERTIES:** cholagogue, antispasmodic, antihepatotoxic, diuretic, tonic, lipotropic, necrotropic

Contents / Ingredients	Traditional Therapeutic Action
<p>Milk Thistle</p>	<ul style="list-style-type: none"> • is being used to treat AIDS patients who experience rapid liver deterioration as a result of their disease • congested spleen or lymphatic systems are also benefited • regenerates liver cells and stimulates the flow of bile • very helpful in adolescence acne • it helps the liver to detoxify excess hormones created by imbalance in the system caused by puberty • improves digestive vitality and has been used for liver related problems such as psoriasis • excellent to protect the liver from damage caused by hepatitis, and to stimulate regeneration • has been used to reverse the damage caused by alcoholism and drug abuse, especially cirrhosis of the liver • has been used very successfully for mushroom poisoning

SUGGESTED DOSAGE: 10 - 30 drops two or three times a day as needed. For children 5 to 10 drops. Works well with **Echinacea, Burdock Rt, Reishi Plus, Wormwood Plus, Lobelia, Thyme, Uva Ursi, Elecampane, RESP.**

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.