



Category 9  
Green Food Supplements



**GOODFORYOU**  
GOOD FOR LIFE

## GREEN PHYTO FOODS

(Tablets) 90 Tabs #102707

**Description:** Nature's Green Magic - Green Phyto Foods Powder could be considered nature's perfect wholefood containing high quality protein, fiber, and the benefits of leafy greens. Imagine a food that goes beyond complete nutrition. Imagine a food that has the power to stimulate the immune system, improve digestion and elimination, detoxify the body, enhance growth and tissue repair, accelerate healing, help prevent degenerative diseases and promote a longer life.

A potent blend of nutrient-dense super foods containing a variety of vitamins, minerals, fiber, chlorophyll, enzymes and herbs. This formula is truly the ultimate combination of the finest whole food concentrates from throughout the world. These 36 ingredients have been carefully chosen to provide a comprehensive daily supplement for optimal health. Highlights of this exciting new introduction include:

33% green super foods containing superior Hawaiian Spirulina, Organic Barley and Wheat Grass, and Broken Cell Wall Chlorella.

22% is unbleached lecithin granules from soybeans. This amount supplies 500 mg of phosphatidyl choline, three times as much as one 1200 mg softgel. Lecithin is also a natural source of phosphatidyl serine, choline, inositol, potassium and linoleic acid.

Energizing Panax and Siberian Ginseng are included for overall health. Freeze dried Royal Jelly from China is also standardized to contain a minimum of 5% 10 HDA, your guarantee of quality royal jelly.

5 Standardized herbal extracts make this formula the best. Each serving provides excellent potencies of Green Tea, Milk Thistle, Ginkgo Biloba, Grapeseed, and Bilberry Extracts from the world's finest sources.

7 unique vegetarian source digestive enzymes are included to help the digestion and absorption of this complete whole food concentrate.

To complete the antioxidants in this mix, we've added pharmaceutical Japanese CoQ10 and Henkel's Alpha Lipoic Acid. These important nutrients continue to be researched and promoted as important to optimal health.

### Supplement Facts

Serving Size 9 Tablets; Servings per Container 10

	Amount Per Serving	% Daily Value
Calories	35	
Calories from Fat	5	
Total Fat	0.5 g	<1% (**)
Saturated	0 g	0% (**)
Cholesterol	0 mg	0%
Sodium	30 mg	2%
Total Carbohydrate	6.0 g	2% (**)
Dietary Fiber	2.0 g	8% (**)
Sugars	1.0 g	(*)
Protein	1.0 g	2% (**)
Vitamin A (100% as Beta-Carotene)	6250 IU	125%
Vitamin C	4.8 mg	8%
Vitamin K	160 mcg	200%
Vitamin B12	2.1 mcg	35%
Calcium	40 mg	4%
Iron	1.8 mg	10%
Iodine (as Kelp)	150 mcg	100%
Magnesium	24 mg	6%
Zinc	900 mcg	6%
Lecithin, fine powder	2.0 g	(*)
Spirulina (Hawaiian)	1.0 g	(*)
Alfalfa Juice Concentrate	700 mg	(*)
Wheat Grass Powder	500 mg	(*)
Barley Grass Powder	500 mg	(*)
Carrot Powder	500 mg	(*)
Barley Malt Powder	400 mg	(*)
Broccoli Powder	350 mg	(*)
Brown Rice Bran	350 mg	(*)
Apple Fiber	350 mg	(*)

Apple Pectin	300 mg	(*)
Oat Bran	300 mg	(*)
Chlorella Powder	300 mg	(*)
Red Beet Powder	300 mg	(*)
Panax Ginseng Root Powder (C.A. Mayer) (min. 5% Ginsenosides)	250 mg	(*)
Siberian Ginseng Root Powder (Eleutherococcus senticosus)	100 mg	(*)
Peppermint Powder	150 mg	(*)
Green Tea Extract (Camelia sinensis) (40% catechins)	100 mg	(*)
Royal Jelly Powder (min. 5% 10-HDA)	100 mg	(*)
Fructooligosaccharides (NutraFlora FOS)	100 mg	(*)
Trace Mineral Concentrate	100 mg	(*)
Milk Thistle Extract (80% Silymarin)	80 mg	(*)
Kelp Powder	50 mg	(*)
Ginkgo Biloba Extract (leaf) (25% ginkgo flavonglycosides)	20 mg	(*)
Grapeseed Extract (vitis vinifera) (95% polyphenols)	20 mg	(*)
Bilberry Extract (25% anthocyanidins)	20 mg	(*)
Plant based enzymes (***)	100 mg	(*)
Coenzyme Q10 (CoQ10)	10 mg	(*)
Alpha-Lipoic Acid	10 mg	(*)
Stevia Extract (leaves)	10 mg	(*)

(\*) Daily Value not established

(\*\*) Percent Daily Value based on a 2,000 Calorie Diet

Other ingredients: Calcium phosphate, cellulose, magnesium stearate, stearic acid, silicon dioxide, vegetable coating.

(\*\*\*) Plant based enzymes contains Protease (12,500 HUT), Amylase (2,500 DU), Lipase (200 LU), Cellulase (500 MC), Lactase (200 LAC), Papain (6,000 pu), Bromelain (5,000 FCC).

Vegetarian Formula

**SUGGESTED DOSAGE:** As a dietary supplement, mix or blend 1 tablespoon into 8 oz. of juice or water. Take 1-3 times per day

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.