



Category 6
Multi-Vitamins & Minerals



GOODFORYOU

GOOD FOR LIFE

KID-MIN VITS

120 Chewable Tablets #103883

Description: Kid-Min Vits: So many children are deficient in essential vitamins and minerals necessary for good health. Most foods do not supply the nutrients in the proper proportions and the right amounts necessary for a growing child. The soil is deficient in these essential nutrients and due to over cooking, increase consumption of fast foods, and poor eating habits it has led to concerns as the trends have continued to worsen. Kid-min-vits have been especially designed with the correct amounts of Vitamins and minerals so as to prevent deficiencies and to help maintain good health.

Contents / Ingredients

Traditional Therapeutic Action

Two Kid-min-vits chewable tablets provide the daily amounts for children under 4 years of age. Those over 4 years need to take 3 instead of 2 to receive the correct daily amounts.

Supplement Facts

Serving Size 2 Chewable Tabs Serving per Container 60

	Amount Per Serving	% Daily Value Child less 4 yrs	% Daily Value Child 4 yrs or more
Calories.....	15		
Total Carbohydrates.....	3g	(*)	<1%
Sugars.....	2g	(*)	(*)
Vitamin A (80% as beta carotene).....	5,000 IU	200%	100%
Vitamin C (as ascorbic acid).....	60 mg	150%	100%
Vitamin D (as cholecalciferol).....	200 IU	50%	50%
Vitamin E (as d-alpha Tocopheryl Succinate).....	30 IU	300%	100%
Thiamin (as Thiamine HCl) (Vitamin B1).....	1.5 mg	210%	100%
Riboflavin (Vitamin B2).....	1.7 mg	210%	100%
Niacin (as Niacinamide).....	20 mg	220%	100%
Vitamin B6 (as Pyridoxine HCl).....	2 mg	290%	100%
Folic Acid.....	400 mcg	200%	100%
Vitamin B12 (as Cyanocobalamin).....	6 mcg	200%	100%
Biotin.....	300 mcg	200%	100%
Pantothenic acid.....	10 mg	200%	100%
Calcium (as Calcium Carbonate).....	20 mg	2%	2%
Iron (as Ferrochel, Iron Bisglycinate).....	5 mg	50%	30%
Iodine (from Kelp).....	150 mcg	210%	100%
Magnesium (as 83% Magnesium Oxide and 17% Amino Acid Chelate).....	10 mg	5%	3%
Zinc (as Amino Acid Chelate).....	3 mg	40%	20%
Manganese (as Amino Acid Chelate).....	100 mcg	(*)	5%
Chromium (as Amino Acid Chelate) (chelavite).....	120 mcg	(*)	100%
Molybdenum (as Sodium Molybdate).....	75 mcg	(*)	100%
Potassium (from Pot. Chloride and Iodide).....	5 mg	(*)	<1%
Orange (Citrus Sinensis)(Fruit).....	100 mg	(*)	(*)
Choline (from Choline Bitartrate).....	2 mg	(*)	(*)
Inositol.....	2 mg	(*)	(*)
Lutein (from Marigold Extract).....	500 mcg	(*)	(*)
Lycopene (from Natural Tomato Extract).....	500 mcg	(*)	(*)

Percent Daily Values are based on a 2,000 calorie diet.

(*) Daily Values not established.

Other ingredients: Fructose, sorbitol, coconut oil, barley malt, stearic acid (vegetable source), xanthan gum, citric acid, natural flavors, magnesium stearate (vegetable source), silica and beta-carotene.

Contains soy derivative. Contains no salt, yeast, wheat, milk, egg or preservatives. Vegetarian formula.

SUGGESTED DOSAGE: Take as directed.

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.