



Category 3
Single Herb
Tabs / Capsules



GOODFORYOU

GOOD FOR LIFE

DEVIL'S CLAW

(500 mg) 100 Caps #104650

Description: **Devil's Claw** (*Harpagophytum procumbens*) is a tree native to the southern regions of Africa and gets its name from the hooks which cover its fruit. It is a traditional folk remedy of Tribal African people and has also been used by Europeans and Canadians. Devil's Claw contains a number of natural occurring beneficial compounds including phytosterols, flavonoids and phenolic acids.

Contents / Ingredients

Everyday more and more people are dealing with the pain of joint inflammation. Meanwhile the Arthritis Society still continues to promote Aspirin as a treatment, even though there are many other safer alternatives such as diet and herbs. A recent article that was written in the Toronto Sun claiming that each year an average of 2000 Canadian Seniors die from internal bleeding and heart and kidney failure connected with anti-arthritis drugs. Arthritis is a natural

Traditional Therapeutic Action

Supplement Facts

Serving Size 2 caps Servings per Container 50

Amount Per Serving % Daily Value

Devil's Claw Root 166 mg (*)

(*) Daily Value not established.

Other ingredients: Rice Flour and Gelatin(capsule).

Contains no sugar, yeast, wheat, gluten, salt, soy, milk, corn, or egg.

but ultimately incorrect cellular response to certain stresses in the body. Many practitioners have stated that no two people ever have identical patterns or progression of symptoms. They believe what may be needed, then, is an adaptation program to steer the body towards healthy responses without causing unwanted side effects. This is what experts believe the Devil's Claw can do.

Devil's Claw is indigenous to Southern and Eastern Africa. This plant is commonly used to treat rheumatism and arthritis, and as a general health tonic for lack of appetite. It has also been taken as an analgesic, especially during pregnancy, and the treatment continued after labor. An ointment is made from the root material, which is applied to sores, ulcers and boils. This valuable plant has been found effective in the treatment of many cases of arthritis. This action appears to be due to the presence of a glycoside called harpagoside that reduces inflammation in the joints. Research shows that Devil's Claw has anti-inflammatory, anti-rheumatic, analgesic, sedative and diuretic properties. This plant also aids in gall bladder and liver complaints. Harpagoside and other iridoid glycosides found in the plant may be responsible for the herb's anti-inflammatory and analgesic actions. Devil's Claw is also considered by herbalists to be a potent bitter. Bitters are known to stimulate the stomach to increase the production of acid, thereby helping to improve digestion. In Germany this product is currently being used in supportive therapy for degenerative disorders of the locomotor system and for lack of appetite and dyspeptic problems. This product also aids in liver and gallbladder complaints.

Devil's Claw has been used in Africa, Asia, and Europe as a popular joint-supporting herb and flexibility aid for more than 350 years. Some experts believe that one reason for its benefits is its ability to promote healthy fluid retention. For this reason, many women use Devil's Claw to help ease bloating and puffiness.

There are several clinical trials which support its use for osteoarthritis and lower back pain. The finding that Devil's Claw is beneficial for the relief of muscular pain is a significant development and suggests that Devil's Claw may have value in the treatment of Fibromyalgia. This product is also generating interest for veterinarian applications. Joint and of muscular disorders were investigated in ten racehorses. Six of the horses that received the Devil's Claw showed a marked improvement of symptoms.

According to Chinese medicine, Devil's Claw root is both Yin and Yang, which is rare for herbs and is good for circulation and the heart. It contains over 40 constituents. This plant has a very complex root system which absorbs large amounts of trace minerals, which are used as herbal remedies.

Maintenance dose. Since there are no side effects from this herb, it can be taken for as long as necessary. Devil's Claw can be taken by almost anyone, although diabetics on insulin may experience a rise in their blood sugar levels.

GFY's Devil's Claw could be the healthy, natural alternative to joint and muscular relief.

SUGGESTED DOSAGE: Take 2 caps 2-3 times daily. It has been suggested that to begin treatment, the herbal preparation is best taken for three weeks, then stopped for a week. After that, one-week on and one week off is a good maintenance dose. Since there are no side effects from this herb, it can be taken for as long as necessary. Devil's Claw can be taken by almost anyone, although diabetics on insulin may experience a rise in their blood sugar levels.

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.