



Category 14
Specialty Formulas



GOODFORYOU

GOOD FOR LIFE

Candida Clear Program

(With Pau D'arco, Oregano Oil, Black Walnut, and Caprylic Acid)

#103308 90 Vcaps

Description: **Candida Clear** is a combination of herbal ingredients, as well as a Biotin and Caprylic Acid. These synergistic ingredients help to support a healthy bacteria that normally populate the gut, assist in the digestion of food, produce certain vitamins and promote detoxification processes.

Contents / Ingredients

Candida albicans is a type of parasitic yeastlike fungus that inhabits the intestines, genital tract, mouth, esophagus, and throat. Normally this fungus lives in healthy balance with the other bacteria and yeasts in our bodies; however, certain conditions can cause it to multiply, weakening the immune system and causing an infection known as **candidiasis**. The fungus can travel through the bloodstream to various parts of the body, infecting them with this malicious form of fungus. Most common parts that are affected by candidiasis are the mouth, ears, nose, gastrointestinal tract and vagina. Candidiasis, according to many experts, is the culprit behind many irritating or unsolved symptoms such as:

Constipation, diarrhea, colitis, abdominal pain, headaches, bad breath, rectal itching, impotence, memory loss, mood swings, prostatitis, canker sores, persistent heartburn, muscle and joint pain, sore throat, congestion, nagging cough, acne, night sweats, severe itching, clogged sinuses, PMS, burning tongue, white spots on tongue and mouth, extreme fatigue, vaginitis, kidney and bladder infections, arthritis, depression, hyperactivity and even diabetes.

CANDIDA CLEAR INTENSIVE PROGRAM: Candidiasis can be very difficult to overcome, depending on the stage that it has progressed to. Below is a program developed by GFY that aids in ridding your body of this powerful fungus:

Very Important:

- Supplement with **Candida Clear** capsules (#103308) - take as directed
- Supplement with **Aerobic Oxygen** (#130) whenever you drink water
- Drink only an ultra-pure/classification 1 water (distilled or reverse osmosis)
- Supplement with essential fatty acids such as **Flax Seed Oil** (#101770) or Omega 3 (#101650)
- Supplement with **Pro-Biotics** (acidophilus) (#102920) - take on empty stomach
- Supplement with a strong Vitamin B Complex that has min 2000 mcg of B-12 and min 50 mg Biotin. We suggest our **B-12** supplement (#100495) or **B-100** (#100436)
- **AVOID:** aged cheese, alcohol, baked goods, chocolate, dried fruits, fermented foods, all grains that have gluten (wheat, oats, rye, barley), ham, honey, nut butters, pickles, potatoes, raw mushrooms, soy sauce, sprouts, and vinegar.

Helpful: While you are taking the above supplements, it is important to remain on a good multi-vitamin and a healthy diet. Eat plain yogurt. Change your toothbrush every days to prevent re-infection. Eliminate citrus juices for one month, and then start again slowly. Remember that Candida thrives in a sugary, acidic environment, so your diet should be low in carbohydrates and contain no yeast products or sugar in any form. Often you will experience a "Kill-off" stage, when the Candida starts to die off, which can make one sick for a period of time. If the symptoms are uncomfortable, consult a qualified practitioner for more information.

SUGGESTED DOSAGE: Two Vcaps twice daily, preferable with meals.

CAUTION: As with all dietary supplements, do not take this product if you are pregnant or breast-feeding without prior medical consultation. Please keep out of reach of children.

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.

Traditional Therapeutic Action

Supplement Facts

Serving Size	2 Vcaps	Servings Per Container	45	
		Amount Per Serving		% Daily Value
Calories			10	
Calories from Fat			5	
Total Fat		0.5 g		<1% (**)
Saturated Fat		0.5 g		(*)
Total Carbohydrates		1 g		<1% (**)
Biotin		2000 mcg		670%
Magnesium (from Mag. Caprylate)		46 mg		10%
Caprylic Acid (from Mag. Caprylate)		500 mg		(*)
Pau D'arco				
(<i>Tabebuia impetiginosa</i>) (Bark)		300 mg		(*)
Black Walnut (<i>Juglans nigra</i> L.) (Hull)		300 mg		(*)
Oregano Oil (<i>Origanum vulgare</i>)		200 mg		(*)

(*) Daily Value not established.

(**) Percent Daily Values are based on 2,000 calorie diet.

Other ingredients: Cellulose (capsule), Rice Flour, Gum Arabic, Garlic (bulb), Olive Leaf, Cat's Claw Root, Wormwood Herb, Silica and Magnesium Stearate (vegetable sources).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, preservatives or artificial colors.