



Category 11  
Specialty Formulas



**GOODFORYOU**  
GOOD FOR LIFE

## PROSTATE SUPPORT

90 SoftGels #103340

**Description: Prostate Support - The Ultimate Combination of Standardized Herbal Extracts -** Prostate Support is the ultimate synergistic formulation of the most potent and effective standardized herbs. We have combined the very best herbal extracts with **Pumpkin Seed Oil, Zinc** (very important) and **Vitamin B-6**, to produce the absolute finest, up-to-date product available. Bladder infections and prostate problems can affect men at any age, however most problems begin to occur in men over the age of 45. American men suffer from the highest prostate cancer death rate in the world and there is a vital link between prostate problems and the American diet. Evidence has shown that dietary factors and herbal supplements can be effective measures for reducing and avoiding prostate and urinary problems.

### Contents / Ingredients

**Saw Palmetto** Commonly known as the Prostate Herb, Saw Palmetto Extract has proven to be effective and safe in treating the symptoms of benign prostate hyperplasia (BPH). A 1994 study by Blaeckman of 305 men revealed 88% improved urinary flow rates, residual urine volume and prostate size. The dosage was 160 mg standardized softgels twice daily.

**Pygeum** This African herbal extract has been researched for the treatment of mild and moderate BPH since 1969. Double blind clinical trials in Europe with thousands of subjects have shown Pygeum to be well tolerated and superior to placebo.

**Stinging Nettle** This standardized extract has proven effectiveness and is approved by the German Commission E monograph for the treatment of BPH. Studies have shown increased in urinary flow rates in prostate patients as well as a reduction in residual urine levels and prostate volume as a result of nettle root extract treatment.

**Lycopene** This tomato extract from Israel has been researched as a nutritional support to help prevent prostate cancer. A six year study involving 47,000 men showed a significant relationship between Lycopene and other carotenoids and the risk of prostate cancer. Lycopene is a natural antioxidant that contains small amounts of additional carotenoids and tocopherol antioxidants.

**Zinc** Protects against prostate cancer and is necessary for the formation of RNA and DNA, as well as a healthy immune system. Has also been effective for diabetes and vision disorders.

**Vitamin B-6** Is essential for maintaining optimal immune function and helps maintain healthy mucous membranes which line the respiratory tract, providing a natural barrier to pollution and infection. It has also been found to be a valuable protection against certain cancers.

**Pumpkin Seed** Rich in potassium and pro-Vitamin A. It has a reputation for being a non-irritating diuretic, and is valued as a soothing treatment for enlarged prostate gland and prostate cancer.

### Traditional Therapeutic Action

#### Supplement Facts

	Serving Size 2 Softgels	Servings per Container 45	
	Amount Per Serving		% Daily Value
Calories	9		
Calories from fat	9		
Total Fat	1.0 g		2% (**)
Trans Fat	0 g		(*)
Vitamin B-6 (as Pyridoxine HCl)	10 mg		500% (**)
Zinc (as Zinc Gluconate)	30 mg		200% (**)
Saw Palmetto Berry Extract (***)			
(Serenoa repens)	160 mg		(*)
Pygeum Africanum Bark Extract (13%)	10 mg		(*)
Stinging Nettle Root Extract (Urtica dioica)			
(30 ppm scopoletin)	250 mg		(*)
Pumpkin Seed Oil	950 mg		(*)
Lycopene (LYC-O-MATO)			
(Natural tomato extract)	3 mg		(*)

(\*) Daily Value not established.

(\*\*) Percent Daily Value are based on a 2,000 calorie diet.

(\*\*\*) Standardized to contain between 85%-95% fatty acids and biologically active sterol compounds.

Other ingredients: Gelatin, glycerin, carob extract, beeswax, and water. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

**SUGGESTED DOSAGE:** As a dietary supplement (especially for men), take 2 softgels 1 to 2 times daily with meals.

**COMPLEMENTARY SUPPLEMENTATION:** **Aerobic Oxygen** is a must take product for bladder & prostate problems; 20 drops 3 times per day.