



Category 11
Specialty Supplements



GOODFORYOU

GOOD FOR LIFE

TRU HOODIA COMPLEX

600 VCaps #103323

(Dietary Supplement Formula with High Potency Hoodia plus Green Tea, ChromeMate & Theobromine)

Description: Hoodia gordonii, the plant's most popular and effective species, is the main ingredient in our formula **Tru Hoodia**. GFY's Tru Hoodia delivers the equivalent of 6 grams (6000 mg) per serving of Hoodia plant, plus synergistically blended ingredients such as Niacin, Chromium from ChromeMate™, Cocoa Extract and Green Tea.

Contents / Ingredients

Traditional Therapeutic Action

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Native to Africa, Hoodia was originally consumed as food by bushmen tribes to help suppress appetites and endure exhausting hunting expeditions.

In recent years, Hoodia has been considered a major revolution as a diet supplement to help curb the "munchies" without damaging side effects that many popular main-stream diet drugs exhibit.

It is important that a minimum of 500mg - 800mg of Hoodia is consumed, along with a calorie-reduced diet, to ensure positive results.

Supplement Facts

Serving Size 2 Vcaps Servings per Container 30

	Amount Per Serving	% Daily Value
Niacin (as Nicotinic Acid)	1.1 mg	6%
Chromium (ChromeMate™) From Chromium Polynicotinate)	200 mcg	167%
Hoodia (Hoodia gordonii) (Aerial Parts) (20:1 Concentrate)(Equivalent to 6,000 mg of Whole Plant)	300 mg	(*)
Cocoa Extract (Theobroma cacao) (min. 7% Theobromine) (Contains 4 mg of Caffeine)	400 mg	(*)
Green Tea Extract (Camellia sinensis) (Leaf) (min. 40% Catechins and 60% Polyphenols) (Contains 8 mg of Caffeine)	200 mg	(*)

(*) Daily Value not established.

(**) Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg or preservatives.

SUGGESTED DOSAGE: As an herbal dietary supplement, take 1-2 Vcaps daily before meals.