



Category 11
Specialty Formulas



GOODFORYOU
GOOD FOR LIFE

Garlic Super Odorless

(with Hawthorne and Cayenne) 90 Caps #101815

Description: GFY's Garlic has 202 chemical components. Due to our unique aging process that takes over a year to complete, it ensures that all of the garlic properties have been preserved through this drying process. This unique process allows this potent formula to be benefited by all.

Contents / Ingredients

Garlic is one of the most common plants used throughout history by humans for its medicinal effects. Originating in the middle east, where the ancient Sumarians and dynastic Egypt relied on its medicinal properties, this member of the onion family has been widely used as food and medicine in Europe, India, and Asia. The Spanish conquistadors introduced garlic to the American continents. Over the last 25 years, the interest in garlic has increased within the worldwide scientific community. Garlic has been well-documented for its health effects, including reduction of serum cholesterol and triglycerides, prevention of clot formation, reduction of blood pressure, and enhancement of immune capacity through stimulation of natural killer cell activity. Garlic cloves contain a sulphur amino acid called **alliin**. This compound has little action until it comes into contact with an enzyme called **allinase**. Since these two compounds exist in separate cells, this action can only occur when the clove is crushed or damaged. When these two compounds come into

contact, alliin is converted to thiosulfinate called **allicin**. This is what gives garlic its smell. It is important that when garlic supplements are made that they are not damaged in the processing, and that the **original constituents** provide most of the benefits of the whole clove. Aging the garlic significantly reduces the odor and eliminates any sensitivity, while **preserving the benefits**.

James Duke, Ph.D., one of the world's leading authorities on plant medicines lists **202 chemical components of garlic**. He states: "You don't create quality (in plant medicines); you only **preserve it**." This aging process was developed in Japan and takes more than a year to complete. Extensive research confirms that this process enhances garlic's antioxidant action. The aging process allows **allicin** and other substances to fully metabolize and convert to other **biologically active sulphur compounds**. This technique specifically promotes the activity of **S-allyl cysteine**, as well as other water-soluble **sulphydryls**. The aging process focuses on garlic's quality as an antioxidant and **bioactivator**, while bypassing **garlic's unpleasant odor** inducing effect. Garlic consumption can reduce the risk of atherosclerosis, hardening of the arteries that contributes to heart disease. It can also decrease platelet stickiness by 58 percent. In addition, garlic lowers cholesterol, triglyceride, and high blood pressure, and improves circulation. A controlled study over three years investigated **432 patients** who had experienced a **heart attack**. Researchers found that patients who used garlic regularly had a 35 percent lower risk of a recurrent heart attack, and a **45 percent lower risk of death**. Garlic is known for its therapeutic effect as a **natural antibiotic**, antifungal, and antiviral. This has been demonstrated in helping to clear congestion of the lungs for coughs and bronchitis, and has been very effective as a preventative measure for colds and flu. Garlic has also had tremendous effects with treating intestinal worms, dysentery, sinus congestion, certain ulcers, gout, and rheumatism. Garlic even has **chemopreventive properties** helping to prevent certain cancers. Recent reports by the National Cancer Institute on a large population of subjects in China indicate that the consumption of garlic (onions, leeks, shallots) can help lower the incidence of stomach cancer.

GFY has blended a synergistic unique formula containing **Super odorless garlic, Hawthorne and Cayenne**, Hawthorne is one of the primary heart tonics, it decreases blood pressure with exertion, increases contractility of the heart muscles, and increases blood flow to the coronary muscle. To complete this formula cayenne has been added to help stimulate blood flow, strength the heartbeat and metabolic rate. It is a general tonic, and is helpful specifically for the circulatory and digestive system.

SUGGESTED DOSAGE: As an herbal dietary supplement, take 1 capsule 2 times daily.

CAUTION: As with all dietary supplements, do not take this product if you are pregnant or breast-feeding without prior medical consultation. Please keep out of reach of children.

Please note: This information is compiled from traditional and modern herb books, articles, and research. This information is summarized for its educational value and should not be used for the diagnosis, treatment, or prevention of disease. It should not be used to replace the services of a qualified practitioner. This information has not been evaluated by the FDA or Health Canada.

Traditional Therapeutic Action

Supplement Facts	Serving Size 1 Capsule	Amount Per Serving	% Daily Value
Odorless Garlic (<i>Allium Sativum</i>) (bulb) (100:1 Extract) (equivalent to 5,000 mg whole clove garlic)		50 mg	(*)
Hawthorn Berry Extract (<i>Crataegus oxycantha</i>) (standarized to contain 1.8% vitexin-4 rhamnoside)		100 mg	(*)
Hawthorn Berry Powder (<i>Crataegus oxycantha</i>)		250 mg	(*)
Cayenne Pepper (<i>Capsicum frutescens</i>) (fruit)		100 mg	(*)
(*) Daily Value not established.			
Other ingredients: None.			
Contains no sugar, salt, yeast, gluten, wheat, corn, soy, milk or additives..			